

## AT HOME

**Storage:** We harvest produce the same day you pick up. Most produce prefers to be stored in the refrigerator. However, potatoes, dry onions, garlic, tomatoes and winter squash keep longer if stored in a cool cupboard or root cellar.

**Compost:** Kitchen scraps and uneaten produce provide wonderful nutrition for the soil. If you choose not to compost at home, we would love to return these nutrients to our farm cycle. Bring your compost to distribution in your own container and dump the compost into our bin.

- ~ Do not drop off compost in plastic bags.
- ~ Only fruit & vegetable scraps.
- ~ Please no meat, dairy products, etc.



## OTHER INFORMATION

### The Tait Farm Harvest Shop Discount

As a member of Community Harvest, you receive a standing 10% discount at the Harvest Shop (sale & consignment items excluded). To get the discount, tell the shop keeper that you are a Community Harvest member when making your purchases.

### Comments

We want to make your farm experience uplifting and nourishing, so please offer your suggestions and support. Look for the comment box in the distribution barn.

### Cookbook Suggestions

- ~ Fresh Food Fast by Peter Berley
- ~ Chez Panisse Vegetables by Alice Waters
- ~ From the Cook's Garden by Ellen Ogden
- ~ Vegetables Every Day by Jack Bishop

If you have a favorite vegetable cookbook, please let us know and we will pass on the information.



Community Harvest  
179 Tait Rd.  
Centre Hall, PA 16828



## Community Harvest 2009 Member Information

*Please Keep For  
Future Reference*



179 Tait Rd.  
Centre Hall, PA 16828  
(814) 466-2386  
[www.taitfarmfoods.com](http://www.taitfarmfoods.com)

# WELCOME TO COMMUNITY HARVEST

## OUR MISSION

We, your farm and farmers, are dedicated to working with nature and our community in the creation of delicious and meaningful food. We practice farming with quality, quantity and health in mind. We are a certified organic farm working to reduce the dependency on global food systems by collaborating with other local food producers to bring you the best this region has to offer. It is our pleasure to welcome you to the farm. We hope that all of you will take time to walk the land, meet the farmers and see where your food comes from.

Kim Tait, Stewardess of the Land  
Steve Spanelli, Farmer  
Erin McKinney, Farmer



## Volunteering

We always welcome volunteers at the farm. If you are interested in coming out to the farm and getting your hands dirty by helping the farmers, please call or email to set up a time that is convenient for all.

Office Phone: 814-466-2386  
E-Mail: [communityharvest@earthlink.net](mailto:communityharvest@earthlink.net)



Each year we like to have a community celebration for the families in Community Harvest. We will keep you posted on a date and the details.

## Directions to Tait Farm

From State College, follow Rt. 322 east 1 mile past Tussey Mt. Ski Area (about 7.5 miles from downtown State College). Turn right at the Tait Farm sign. You will find your produce in the big barn behind the Harvest Shop. **Please park in the Harvest Shop lot.**

**Parking:** This is a working farm with many congested areas that include people, cars, trucks, small children, cats, dogs...

**PLEASE, PLEASE, PLEASE**  
**PARK ONLY AT THE HARVEST SHOP**

## Farm Communication

- ~ **Community News:** Remember to take a copy home each week. The newsletter will include recipes, up-dates and other useful information. If you have a great recipe you would like to share, please let us know and we will put it in the newsletter.
- ~ **E-Mails:** We have a Community Harvest list-serve to communicate more timely and urgent messages. This includes pick-your-own opportunities, workday reminders, purchasing possibilities and more. Please be sure that we have your e-mail address.

## Dates

### Full Year Pick-up

**Begins:** Tuesday, January 6, 2009  
or  
Friday, January 9, 2009

**Ends:** Tuesday, December 22, 2009  
(Everyone picks up on Tuesday)

### Half-Year Pick-up

**Begins:** Tuesday, May 19, 2009  
or  
Friday, May 22, 2009

**Ends:** Tuesday, November 24, 2009  
(Everyone picks up on Tuesday)

## Distribution

Please pick up your share on your designated day:

**Tuesday or Friday**  
**2:00pm to 6:00pm**

## At The Barn

- ~ Please bring large, clean plastic bags to use and share. You can also bring a basket or canvas tote from home.
- ~ Sign in with the distribution person when you arrive.
- ~ Read the main corkboard to determine the maximum weight for the week. There is no minimum weight. Choose your crops, noting limits on the chalkboards above the bins. Weigh your share.

## Pick-Up Conflicts

If you can't make your pick-up date, please try these solutions:

1. Call us **by noon** of your scheduled pick-up day to bag your share. Calls received after 12 noon cannot be guaranteed. Inquire at the Harvest Shop where to pick up your bagged share. Please pick it up as soon as possible.
2. Call us to switch your pick-up day that week. You may also permanently switch days if you would like.
3. Send another member, friend or neighbor to pick up for you. Please ask them to use your name when signing in.
4. Call us and donate your share to the Food Bank.

Feel free to call us to let us know what you would like to do and how we can help you.

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If you have a pick-up conflict late in the day on the day of your pick up, or if your request has not been answered, please call the Harvest Shop at 466-3411 and they will relay your message to the Community Harvest folks.